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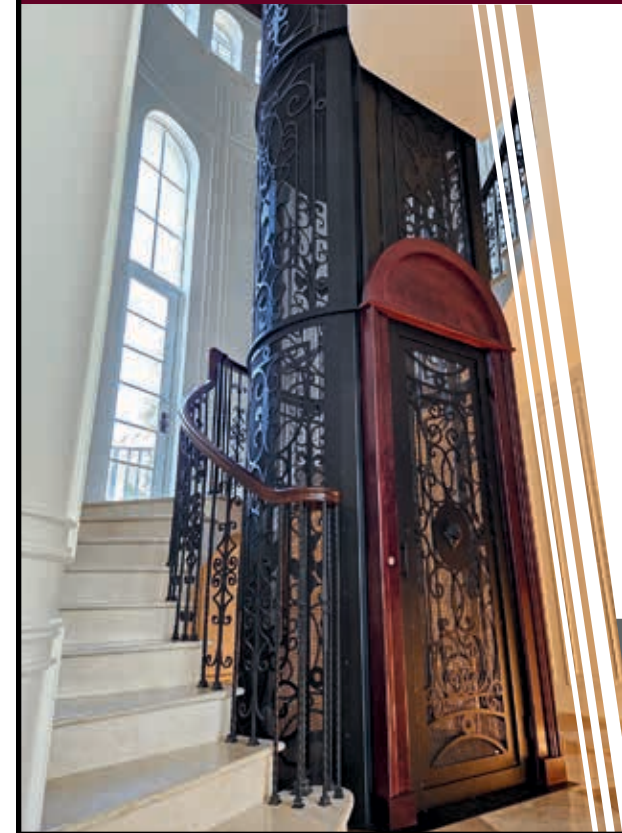


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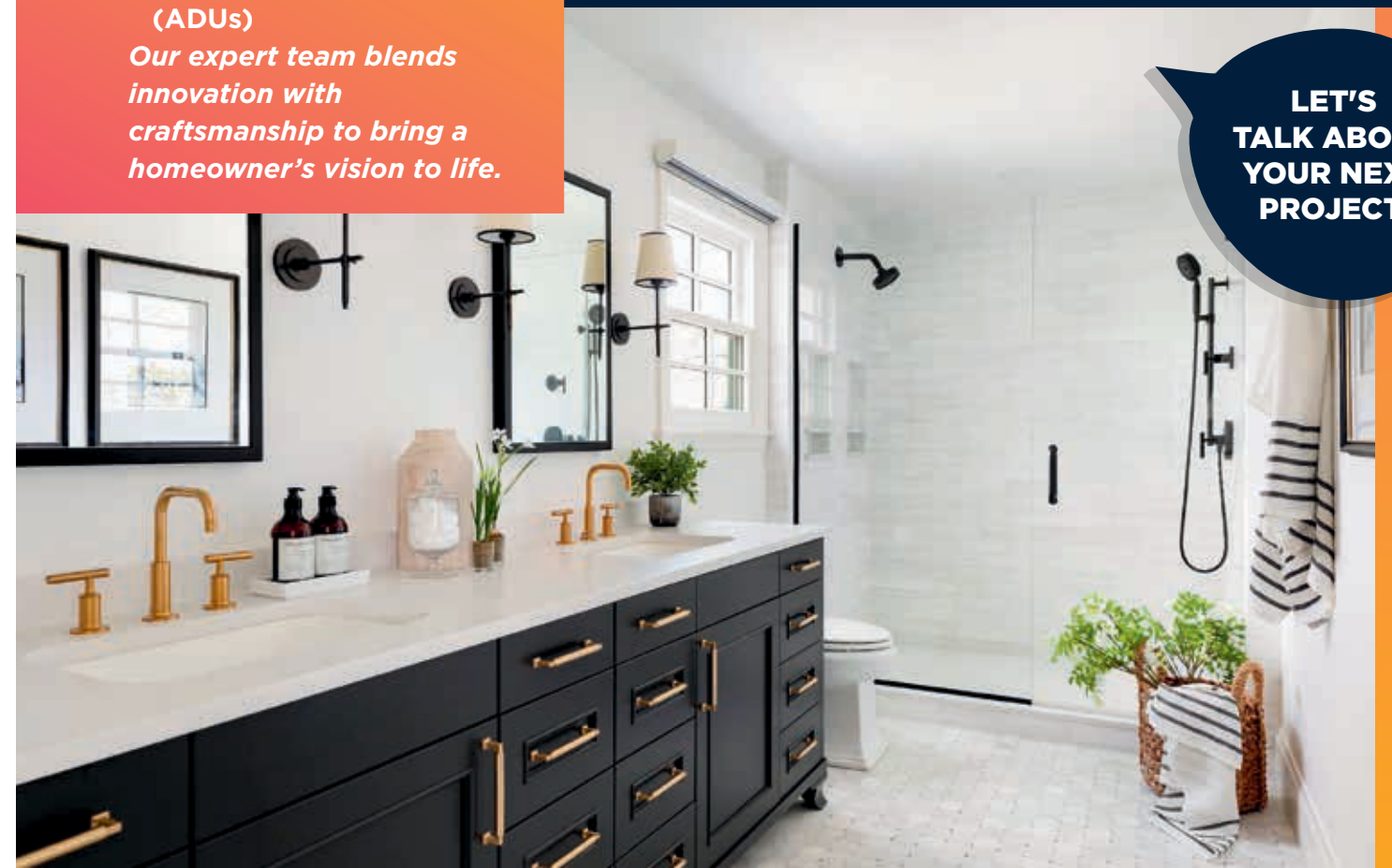
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# MEET THE TEAM

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Please contact Gretchen Thomas at 916-955-9125 or gretchen.thomas@n2co.com.



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Writer



TED GARELLIS  
Writer



# Dear Residents,

This past month I had the privilege in meeting your neighbors, **Bit** and **Duane Lyons**, who are the originators of **LEO360**, a full-size robot that will enable physicians and medical staff to connect with patients remotely. I thought this was pretty amazing and innovative technology and Bit and Duane wanted to share it with all of you on our cover and featured, *Meet the Neighbors* article.

A while back when I was talking with the **Woodfork** family, I remember **Zarek** sharing with me how involved he is in his two sons' **Zarek II** and **Henry's** lives and activities. In honor of Father's Day, I thought it would be great to feature them as a whole in our *Young Achievers* article. I had the pleasure of meeting **Kathie Sanchez** and her darling dog, **Benet**, thank you for allowing us to feature you in our *Pet Tails* article this month. **Daniel Marrujo** and his son **Daniel** cooked up some seriously delicious, barbecued ribs and shared the *Recipe* with all of us just in time for some barbecues.

We have so many amazing sponsors of the magazine and each month we like to take a moment to feature them so you can learn more about the services they offer. This month under our *Sponsor Spotlight* we feature **Window Screen Solutions & More**. They will help repair and replace your window screens, and equip you with excellent sunscreens to help keep the heat out, as well as customize shutters for you. Our *Business Beat* article many of you may know **Johnny Shroyer**, Johnny recently partnered with **Bayside Church** to lead the business ministry. Be sure to attend his next Bayside business leaders roundtable event.

Wishing you all a very happy summer, so many exciting things going on in the neighborhood with graduations, college students coming home for the summer and vacations to look forward to. Thank you to all who helped to make this magazine fun and filled with memories by sharing your stories and photos. Feel free to reach out to me anytime if you have a story of your own to share.

Last but not least, a huge shout out to the fathers in the neighborhood. Thank you for all that you do for our families each and every day. Wishing you a relaxing and fun filled day with your family, Happy Father's Day!

Warmly,

*Gretchen Thomas*



Gretchen Thomas  
Publisher/Advertising Sales for Stroll Los Lagos  
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# DUANE AND BITA LYONS, DELIVERING CUTTING-EDGE TECHNOLOGY TO THE WORLD

*Your Los Lagos neighbors have some amazing  
new technology to share with you!*

PHOTOGRAPHY BY CATHY KURTZ  
COURTESY ARTICLE WRITTEN ALONG WITH  
BITA AND DUANE LYONS

When you or your loved ones are in need of medical care, nothing is more important than communication with your doctor and receiving attention as soon as possible.

Providing an immediate connection between patients and their physicians is so important to **Bit**a Lyons that she is the originator of **LEO360™**, a full-size robot that is a sophisticated tool enabling physicians and medical staff to connect with patients remotely, access medical information, and perform medical examinations virtually. LEO360 can provide 56 diagnostics, including modules to measure blood pressure, pulse rate, temperature, blood glucose level, blood oxygen level, and weight. It can also do much more with diagnostic preferences such as dermatoscope, electrocardiograph, otoscope, spirometer, stethoscope, and ultrasound.

“Bit

Together, the couple formed Lyons Global™, a company headquartered in Granite Bay and recently expanded into the UAE and Turkey. Duane is the chairman, president, and CEO, and

Bit

Both Duane and Bit

“Since I began my journey in healthcare, I noticed flaws in doctor-controlled telemedicine technology,” Bit

Bit

Armed with an MBA in Health Industry Leadership from Regis University, along with executive education from MIT and Harvard Medical School, Bit

Recently, the LEO360 platform has been trialed at the Reproductive Fertility Center in Southern California. Dr. Susan Nasab, a reproductive endocrinology and infertility subspecialist and global executive medical director of Lyons Global, and her team, including 19 staff members, provided telehealth services using the LEO360 platform. During the trial, they were able to save significant physicians’ and patients’ travel time and distance. They are planning to use LEO360 Robot in their Beverly Hills location as the second phase of the trial.

“LEO360 is one of the most comprehensive tools,” Dr. Nasab said. “With LEO360, our patients don’t need to wait for appointments. They can easily connect with their doctors for most matters.”

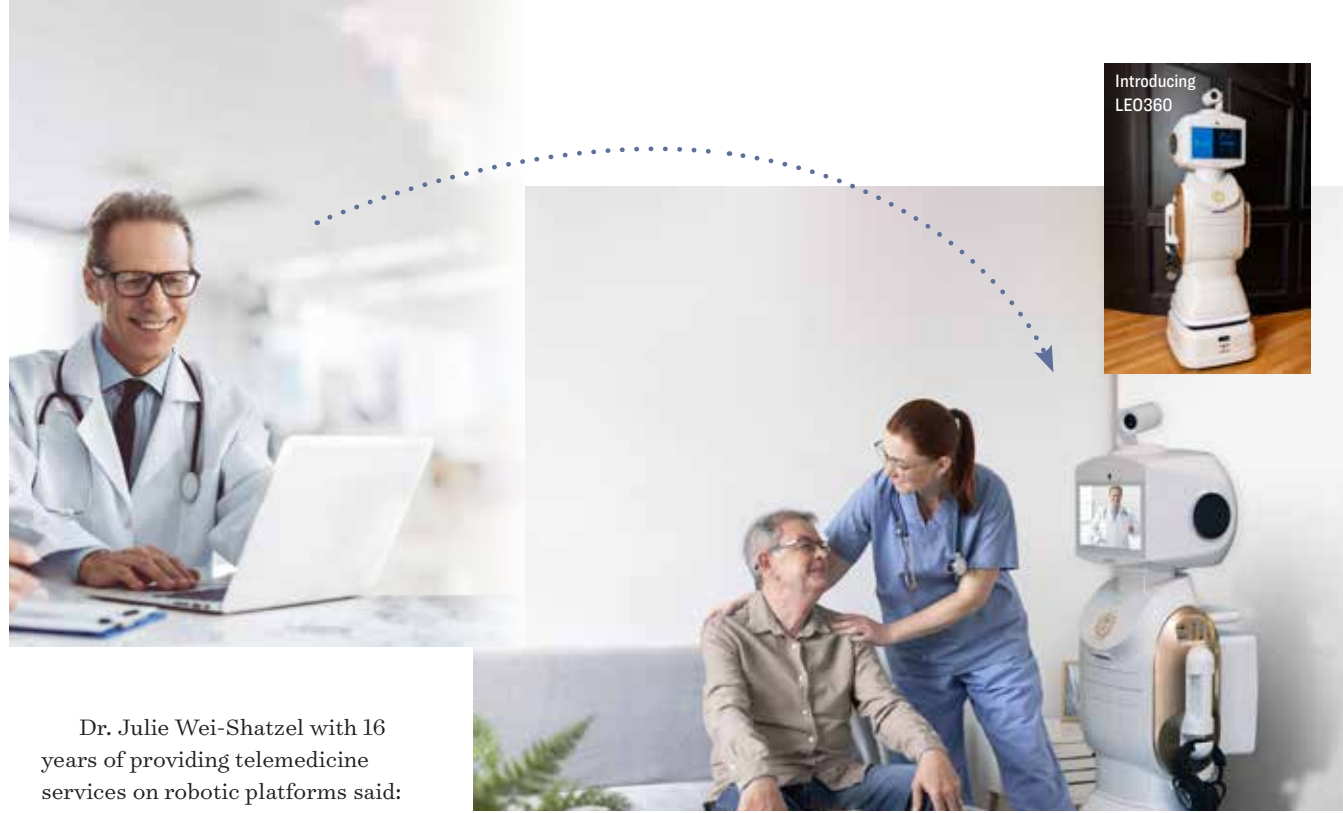
LEO360 is a fully HIPAA-compliant platform that offers multiple options, such as patient registration, patient, and staff scheduling, and receiving and sending tasks and reminders. LEO360 allows the provider to obtain history and document the physicians’ notes while performing a video/audio consult. In addition, the provider and patient can invite other family members to the visit or add other staff to the consultation session at any time. Live-to-text and screen sharing during consults are among the other options that LEO360 has added to this cutting-edge technology.



Bit and Duane Lyons introduce LEO360

Dr. Susan Nasab





Dr. Julie Wei-Shatzel with 16 years of providing telemedicine services on robotic platforms said: “The capabilities built into LEO truly stand out. It allows me to care for my patients from a distance, but with this technology, it feels like I am right at their bedside.”

In addition to Southern California, LEO360 has also been trialed in Turkey at The ACIBADEM ALIFE Healthcare Center, a long-term care facility that can accommodate up to 27 patients. According to a pilot study at the center, using LEO360 medical AI robot reduced the time needed for the physicians to arrive at the patients’ bedsides. The study determined that the average time for a physician to connect to a patient at the bedside depended only on the time needed to move the robot into the patient’s room, saving minutes or hours. The first doctor who used LEO360 Robot in Turkey said, “I can sleep at night without having to worry about not being able to take care of my patients right away.” That is the real heart of the Robot, that even the doctors who live two hours away in traffic can ease their minds because they can get a simulated bedside exam within seconds to minutes.

During the implementation of the first Robot in Turkey, the transformation of the care delivery model was outstanding. The specialist Dr. Ahmet, who didn’t want to participate in the pilot program,

became one of the biggest supporters and said, “I was skeptical at first; I didn’t see the need for a robot in medicine. But after I saw how effortlessly I could interact with my patients remotely, how I could listen to their heartbeats as if I were right there with them, my view changed. I’m an emotional doctor; I need to connect with my patients. This device lets me do just that, even when I’m not physically present. It’s like being there without being there. The nurses called LEO “Dr. Ahmet is walking here”. They saw LEO as part of their team.

Bitu shared warmly, “Seeing the smiles light up patients’ faces as LEO walks into the room, and they start talking with their doctors fills my heart with the purest happiness. It’s a fulfillment of my goal, knowing that I’ve been able to contribute to helping patients through my knowledge.”

Bitu shared: “God has blessed me with Duane. He has always been the one urging me to reach for the stars, never letting me forget the dream to make a difference in this world, one step at a time. As he always says “Never, Never, Never Give Up. God has a plan for us.”

Also, my grandfather was the one who taught me the importance of education. Despite the loss of my father at a tender age, my grandfather guided me along the path of learning.

His lessons, etched deeply into my heart, laid the foundation for everything that was to come. Then came the pivotal moment when the VA brought me to the shores of the United States to make telemedicine programs for veterans. During the amazing journey with each obstacle, I grew stronger, and more determined to make a difference. I can never forget my dearest mother-in-law whom I called “Mom” **Elaine M. Lyons**, a teacher by profession and a mentor by nature. Her words were like honey and her influence taught me the invaluable lesson of pursuing higher education and embracing fearlessness to have a voice and show your knowledge.

While Duane and Bitu do spend countless hours working on their vision and making new applications for LEO360, they also enjoy their Los Lagos neighborhood that they have been a part of since 1996. Duane especially takes pleasure in collecting modern art from all over the world, which adorns their contemporary-style home. They both like to cook and travel to exotic destinations. In Duane’s free time, he enjoys mountain biking and rock climbing, especially on the climbing wall the couple had built in their home.

“I also like to play guitar, especially writing songs for Bitu,” Duane said.



Bitu and Duane Lyons

“Now, with each passing day, we are driven by a singular purpose: to share the gift of education and health anywhere, anytime with those who need it most. Children, perhaps like the one I once was, underserved and overlooked, deserve a chance to chase their dreams,” Bitu said. “Through the fruits of LEO360,

we dream of opening doors for these children, building a school where they can live healthy, learn, grow, and follow their dreams. This is not just a dream; it’s a story waiting to unfold. And with each chapter, we hope to inspire others to join us in this journey, to pave a brighter future for generations yet to come.”



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She owned InnerCalm in Pleasanton for seven years, and went on to become a lead therapist at the Four Seasons Hotel spa in San Francisco where she massaged professional athletes, celebrities and musicians.

Most importantly, Liz is honored that her massages have been described by clients as both physically transformative, and spiritually transcendent (hence the yin-yang logo.) In-home clients enjoy the addition of ancient sound and vibration therapy through her antique Himalayan massage bowl. Suffice it to say, an appointment with Liz is to be experienced, as it cannot be adequately described in words alone.

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Johnny Shroyer speaks to the audience

# Bayside Business Leaders

Helping businesses in the community thrive

COURTESY PHOTOS



Ty Steele and Taro Arai discuss important topics

**Johnny Shroyer, Executive Director for Bayside Business Leaders** knows, “When businesses in the community are thriving, the people in the community are thriving.”

Johnny partnered with Bayside Church Founding Pastor, Ray Johnston to lead the business ministry at all eight Bayside campuses: Granite Bay, Adventure, Blue Oaks, Folsom, Santa Rosa, Orange County, Davis, and Auburn. He brings his experience, expertise, and success working with Fortune 500 companies for almost three decades.

“Business people are looking for outlets to meet other local business people in the community,” shared Johnny, “Bayside Business Leaders aim to provide tools that help leaders grow their business, leadership, and faith.”

To Learn, Connect, and Get Equipped, Bayside Business Leaders host roundtable events in Sacramento and Orange County. These gatherings serve as platforms for learning, networking, and skill-building. Johnny speaks on topics such as family dynamics, work-life balance, and insights into understanding, leading, and learning from Gen Z. These events also feature keynote speakers like Taro Arai of Mikuni Sushi, Rob Pelinka, GM for the LA Lakers, Bob Goff, renowned author and speaker, and Shari Fitzpatrick, founder and creator of the world-famous Shari’s Berries Chocolate Dipped Strawberries.

In addition to the insight roundtables provide, Johnny knows that direct connections are key. Overwhelming feedback has led his team to create Business Leadership Cohort Groups. These consist of 6-10 business individuals meeting once or twice monthly. Cohorts encourage, sharpen, and support individuals and their businesses. These are led by business people FOR business people. The focus is to help



Members of the audience enjoy the discussion

business leaders become more profitable, reduce turnover, and improve retention.

The goal of Bayside Business Leaders is to cultivate Christ-centered business owners, business executives, and business leaders to integrate integrity, leadership, and ethical business practices in the workplace and personal life. They provide a strategic approach to business leadership development, effective business strategies, relationship building, work-life balance, and spiritual growth.



Johnny Shroyer and Taro Arai

For more information about this resource and to find out how you can join a cohort, be inspired, and thrive visit their website at [granitebay.baysideonline.com/business-leaders](http://granitebay.baysideonline.com/business-leaders) or contact [johnny.shroyer@baysideonline.com](mailto:johnny.shroyer@baysideonline.com).



Johnny Shroyer on stage

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Time for wine and dessert!



Karyl Villa played a delicate piece, Cristofori's Dream by David Lanz.



Bonnie Carrick, Roxanne Colaw sit with Bridget and Mark Lippsmeyer.

## Springtime for the Music Group and Granite Bay

In the Spring a young man's fancy lightly turns to thoughts of ....

WRITTEN BY TED GARELIS  
COURTESY PHOTOS

Mozart and Scarlatti, anyone? Perhaps not quite what Alfred, Lord Tennyson was thinking of when he penned those immortal thoughts, but it works here in Los Lagos. At least **Ted Garelis'** fancy has been turning quite a bit to that angelic cherub, Wolfgang Amadé Mozart, for the past year or so while he learned the first movement of the boy genius' Fifth piano sonata in G major, Opus 283. Mozart was only 18 when he wrote this lovely sonata, and was already an experienced opera composer, working at the same time on his ninth opera, *La finta giardiniera*. At that age, the undersigned was struggling to graduate from San Ramon Valley High School. Are we all ready for the second movement? Maybe in 2025.

Next up at the Yamaha was **Karyl Villa** with the very delicate, dreamlike *Cristofori's Dream* by David Lanz, whose music is rather similar to that of Jim Brickman (a favourite of Karyl's): beautiful, relaxing, inspiring music. Mr. Lanz is another one of these busy young folk like Mozart who are always composing and performing professionally. Mr. Lanz is from the Seattle area and he began his professional endeavors in the Swingin' Sixties when he was in his 'teens. According to Karyl, *Cristofori's Dream* is about Bartolomeo

Cristofori, a harpsichord builder and the inventor of the piano. Additionally, it is one of Mr. Lanz's favourites of his own compositions. **Ralph Marcello** had recommended this beautiful piece to Karyl. Thank you, Ralph - you were right, Karyl played it beautifully!

The Music Group spotlight then trained its sights on **Bob Frassetto**. Bob sang two songs, accompanying himself on the guitar. The first was Tom Paxton's 1964 hit *The Last Thing on My Mind*, based on an old well-known sea chantey *The Leaving of Liverpool*. Sea chanteys are a genre of folk music used to accompany rhythmical labour on large merchant marine vessels in the good ol' days. We shall meet another sea chantey later in the evening. Bob's next song was a hit by Roxy Music: *More Than This*, written by Roxy Music's lead singer, Bryan Ferry. Roxy Music is a sort of British boy band; parenthetically we note that Mr. Ferry was born in 1945. Apart from music, Mr. Ferry is noted for his apparently distinctive sartorial style. Of what that consists, the hard-working staff of *Stroll* magazine knows not; however, we did read that British management consultant Peter York has definitively stated that Mr. Ferry is an art object "who should hang in the Tate [art gallery]". Those with more information



Amanda Turkes, Bill Morgan and Florence Gustafsson.



Frank Andrews and the gang started off with the 1921 Broadway hit Bombo, April Showers.



Danielle Petkus and Linda Briggs.



François Rambau and Monica Crooks entertained us with Shenandoah, an American folk song.

on the subject may contact the undersigned. We also note that Mr. Ferry used to date supermodel Jerry Hall, mother of several children of Mick Jagger. Mr. Ferry has been married several times and has dated members of the British aristocracy. Thanks, Bob! We hope you will join us again!

Our second guitarist of the evening was **Dennis Studebaker**, who is so good at encouraging the audience out of its collective shell and joining him on his pieces. His first song was *I Can See Clearly Now* by reggae and pop singer Johnny Nash, who early in his career was marketed as a rival to Johnny Mathis. Very much a singer, he acted in around five movies and television shows to very good reviews. Dennis' second piece was the beloved *How Great Thou Art*. The music is from an old Swedish folk tune. The original hymn was written in 1885 by the Swede Carl Boberg.

And then for something completely different: **Florence Gustafsson** joined us for *Lascia ch'io pianga* from George Frideric Handel's *Rinaldo* accompanied by **Bill Morgan** on the organ and **Amanda Turkes** on the violin. The prolific Mr. Handel was from Hanover. He wrote more than forty Italian operas for London, and when the English began to tire of his wonderful operas, he wrote almost thirty English oratorios on Biblical themes. *Rinaldo* was his first Italian opera for London. A spectacular work about the First Crusade, our heroine is Almirena, the daughter of the leader of the Crusade, in love with Rinaldo, who is the most valiant warrior of the Christian army and who rejoices in the gift of a soprano voice. Almirena has been kidnapped by the Saracen King of Jerusalem and an evil sorceress. "Let me cry over my cruel fate", weeps the unfortunate Almirena in a melody used several times by Handel. Many singers have performed this beautiful aria in concert and on recordings, including that esteemed mistress of the charms and graces of Handelian style, Miss Barbra Streisand. Florence sang beautifully (move over, Barbra), and the balance between Florence and Bill and Amanda was beautifully judged.

Next, a Gustafsson followed a Gustafsson. Florence's daughter, **Elsa**, introduced us to the music of Domenico Scarlatti with his keyboard sonata in E major, K.380. It is a one movement piece, and you can just hear the birds twittering away melodiously. Domenico (we shall refer to him in this rather informal manner to differentiate Domenico from his father Alessandro) was an exact contemporary of both Handel and Bach in that all three were born in 1685. Domenico, born in Spanish-ruled Naples (Italy, not Florida), is most widely known for his 555 keyboard sonatas - one wonders if he stopped at that point because 555 is a bit of a round number. Papa Alessandro is best known for his operas - he wrote over sixty musical dramas of one sort or the other. He was supported for a period of time by Queen Christina of Sweden, then resident in Roma. Papa Alessandro had a second son, also a composer, much less well-known than Domenico: Pietro Filippo Scarlatti.

**Monica Crooks**, accompanied by **François Rambau**, presented two pieces. The first was our second sea chantey of the evening, the famous *Oh, Shenandoah* and the second was the tragic *Ode to Billie Joe*. *Shenandoah* is an American folk song, but otherwise of uncertain origin. It appears to have originated with *voyageurs*, or fur traders, sailing down the Missouri river. There are many versions of the lyrics - some concern a romance between an American Indian maid and a fur trader. In these versions, the Indian maid is often the daughter of the Iroquois chief Shenandoah. By the mid-1800s, it was a full-fledged sea chantey, sung by sailors around the world.



Bobby Gentry's *Ode to Billie Joe* dates from 1967 and was quite well-known at that time. The undersigned always thought Billie Joe was the girl in this tragic tale; instead, we have learned that Billie Joe is the boy who jumps to his death off the Tallahatchie Bridge. Miss Gentry became quite a celebrity: she recorded with Glen Campbell and even had her own television show on England's BBC. She retired from public appearances in 1982 and has not been in the public eye since that time: no appearances, no recordings and no interviews. She is thought to be happily with us still and would be in her 80s if she is alive. It is not known where she lives.

François followed Bob and Monica's lead with a work song of his own: Nat Adderley's jazzy rendition of a jazzy *Work Song*. At least one source calls *Work Song* one of the greatest jazz compositions of all time. Mr. Adderley was a jazz trumpeter, and his younger brother was a jazz saxophonist, Julian "Cannonball" Adderley.

We missed **Frank Andrews** at the Music Group the previous month, but this month, like Dolly Levi at the Harmonia Gardens Restaurant, Frank was back where he belongs. Still glowin', still crowin', still goin' strong [1], Frank provided us with a bushel-load of great songs, proving yet again that the World is full of wonderful things. This month his back-up group consisted of Ralph Marcello, Dennis, Amanda and François. Frank and his group started off with a song from the 1921 Broadway hit *Bombo: April Showers* by Louis Silvers and George Gard "Buddy" de Sylva, as sung by the remarkable Al Jolson. Next up was *Just in Time* from the Broadway musical *Bells are Ringing* with music by Jule Styne and lyrics by Betty Comden and Adolph Green. Frank then presented us with *Parla più piano* from Nino Rota's score for *The Godfather*. Maestro Rota composed the scores for around 150 movies, including *The Godfather* and two Franco Zeffirelli movies: *Romeo and Juliet* and *The Taming of the Shrew*. Then the song without which no musical evening is complete, *La Vie en Rose* (Louiguy (Louis Guglielmi) and Édith Piaf). Frank continued with *Has Anybody Seen My Girl?* (*Five Foot Two, Eyes of Blue*). According to that fount of all received wisdom, the all-knowing Wikipedia, the derivation of the music and lyrics for this popular song is still a matter of dispute. Next was jazz standard *The Tin Roof Blues*, written and recorded by the New Orleans Rhythm Kings in 1923, one of the most recorded and most often played New Orleans Jazz compositions. Frank, et al. finished with the rollicking title song from Jerry Herman's *Hello, Dolly!* The title rôle was written for the Queen of Broadway, Ethel Merman, but she was busy with other projects at the time so Carol Channing had the honour of becoming the first Dolly in 1964. The Marm finally got her chance to have a meal at the Harmonia Gardens Restaurant six years later, when she closed the original Broadway run.

Then, the really important part of the evening: drink and food. We feasted on various cakes and ice cream. Solveig Gustafsson brought her delicious *Mormor's mjuka pepparkaka*, that wonderful soft gingerbread spice cake from her mother's recipe back in Sweden. Our attentive audience consisted of **Chuck Foerster, Francine Foerster, Bonnie Carrick, Bengt and Solveig Gustafsson, Gary Young and Kathy Flossman, Mark and Bridget Lippsmeyer, Linda Briggs, Danielle and Kevin Petkus, Doris Strauch, Roxanne Colaw and Gretchen Thomas.**

[1] Apologies to the late Jerry Herman, not to mention Frank.



Kathy Flossman and husband, Gary Young.



Bob Frassetto sang two songs for us while he played his guitar.



Ted Garells plays a beautiful sonata by Mozart.



Doris Strauch and Monica Crooks.



Dennis Studebaker encouraged guests to sing along.



Bob Frassetto, Amanda Turkes and Karyl Villa.

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Zarek is the proud father of his two sons, Henry and Zarek II (pictured left to right)



## THE WOODFORK BOYS – THIRD GENERATION OF HIGH ACHIEVERS

The **Woodfork** family moved to Los Lagos two years ago from Oakland. **Zarek II** (10) and **Henry** (8) are the sons of **Zarek** and **Charlotte** Woodfork. Their canine sibling is an adorable five-months old St. Berdoodle named **Zoe**, who is a bright new addition to the family and is actively in training. What an amazing family!

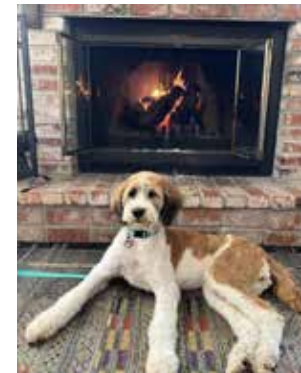
Both boys come by their exceptional work ethic naturally. Dad and Mom are both outstanding role models. Zarek works in technology with hardware, software and security solutions. Charlotte works with the California State Attorney General's Office. Both are highly successful in their work, and very active in their local community and in all of their kid's activities. The boys are very busy and have the full support of their parents. Even the puppy works hard with her training.

Zarek II and Henry go to Franklin School and are in 4th and 2nd grades. They are involved in many different sports and activities. Zarek II plays soccer and has the support of his Dad as the Coach. They practice basketball at LifeTime Fitness at 5:00 AM on Fridays and still get to school on time. Zarek also coaches Zarek II's 4th grade Auburn Rec basketball team. The two Zareks' Flag Football team made it all the way to the championship game, with a 9 - 1 season, and then lost by only one score. It's still a sore subject in the Woodfork household, but it's being used as motivation.

Henry is in Taekwondo and swims. Back-stroke is his specialty. His Mom, Charlotte, is the CFO for the Auburn Rec Robolos. Henry is looking to have an amazing season with swimming this summer! Dad is the swim team Race Announcer. Both boys are looking to play Water Polo. Both parents are very active with all their swim activities. Zarek



Rain or shine Zarek is there to coach young Zarek II and his flag football team



Zoe is the Woodfork's newest addition



Henry eagerly awaits his next race



Zarek II takes Zoe out for a walk in the snow



Zarek and Charlotte are so proud of Henry

II and Henry both played Flag Football for Del Oro Youth League, and as previously mentioned, Zarek II played Next-Level Flag Football in Granite Bay.

The boys are excited about some upcoming travel plans. Zarek (Dad) won President's Club with his last company to earn a great trip. With all the changes for his work, that was not something they could actually go on, but they are planning a Team Trip to Mexico for the people who came with him to the new company. It will be an exceptional way to get a little time to relax and enjoy each other being together.

The Woodfork family also has a place in Tahoe on the north shore and may surprise the boys with a trip to some place special. Zarek (Dad) says, "They work hard and they play hard." Zarek's parents are in the Bay Area and they get to spend a lot of time together. **Dennis and Nadine Woodfork** have been married 40 years and are excited to see their son raise such exceptional grandchildren. They are a perfect example of what a wonderful marriage looks like. They love to spend time with Henry and Zarek II, and are so happy to spoil their grandkids.

In addition to all of these sports and activities, the boys are avid LEGO builders, and they are also involved with Christian Youth Theater (CYT) for their studies in the performing arts. They will go to the Sac State Aquatic Center for Boating Camp, go to LifeTime Day Camp, and will participate in Bayside's BreakAway camps. This will be an action-packed summer!

Both boys love having the pool. Coming from Oakland, there was not much need for a pool or swimming lessons, but now it is something the boys really enjoy.

They are up very early and are off and running every day. Zarek-II and Henry begin their days at 5:15AM with breakfast and getting dressed for school, then they work on their learning modules at 5:45 until 6:15. Then they have 30 minutes of free time, and then they are off to ride their bikes to the Gate House to catch the school bus. When the boys have free time, they watch Netflix kids cooking shows and Lego Masters. They are very passionate about building with Legos. They build amazing structures with Legos, the types with 2,000-3,000 parts and giant instruction manuals. They are budding engineers and very talented.

Both Zarek and Henry participate in Kumon, high achiever activities, IXL learning modules early every morning, including languages, math, science, social studies and more. They wake up early and get right to work. The Family motto is "Work before you Play".

Both these boys are outstanding examples of young leaders. This exemplary family lives a rich and full life. In fact, the family has The Woodfork Family Rules framed as a piece of art on the wall. Definitely words to live by.

We always look out for family members  
 We will try to learn something new everyday  
 We never leave messes for others to clean  
 We will not be afraid to try new things  
 We solve our problems instead of crying and whining about them  
 We are leaders!  
 We always tell the truth





Dad, Zarek is the biggest kid of them all



Zarek and Henry enjoy their days at the swim meets



Henry strives to achieve his goals in Taekwondo



Zarek II loves having his dad coach his basketball team

We will never intentionally hurt each other  
We are grateful for what we have and what we've been given  
We will obey the first time we are asked  
We will make new friends  
We will not bully others or tolerate bullying

Zarek (Dad) loves to cook and the boys are right there with him. The family loves spending time in their outdoor kitchen entertaining friends and creating culinary masterpieces. Having a commercial barbeque and smoker, there is virtually nothing that they cannot fix. With many neighborhood friendships for both the kids and adults, there is always something going on. This is the place for kid's parties and to entertain their friends and family.

For Father's Day they have special family plans. Zarek will sleep in. They will have the grandparents visit and they will steam some crab – a good "old fashioned crab boil". The boys are the pride of their parents and grandparents. It is wonderful to see three generations of such accomplished men. Happy Father's Day to all.



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# BENÈT THE TOY POODLE, 'THE BEST DOG EVER'

WRITTEN BY SUSAN BELKNAP  
PHOTOGRAPHY BY CATHY KURTZ

Benèt

When **Kathie Sanchez** was a young girl, she had a toy poodle named **Yogi**. Kathie was quite attached to the dog and after Yogi passed away after a very long life, Kathie vowed she would own another poodle someday. That day came about 18 years ago when Kathie and her husband, **Michael**, found **Benèt**, another toy poodle.

"I had found an ad for toy poodles from someone in Sacramento," Kathie said. "I went to the house where the dogs were for sale and when I saw Benèt, she immediately ran right to me.

She chose me! I'm not really sure how I came up with the name, but somehow it fits. She responds to Benèt, and also to 'Benny,' which is what Michael calls her."

Kathie said she knew Benèt would be a good dog for her. She said Benèt was a good watchdog in her younger days, despite her petite size of about 11 pounds, and she has always been smart and quick to learn. These days Benèt may not be as spry as she used to be, but she still is able to do a few tricks including knowing how to shake and she can roll over on command.

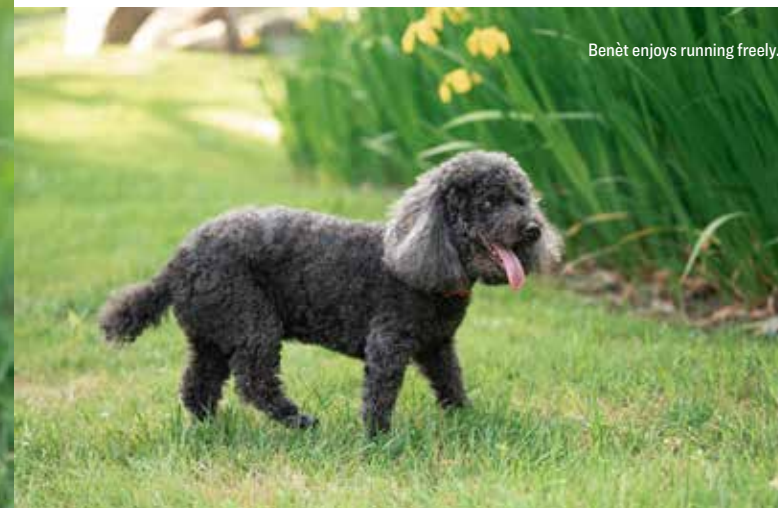
"She also does this unusual thing at about 5 p.m. every day where she gets up from her afternoon nap and does about 20 laps around the house at full speed! It's so funny to watch," Kathie said.

Kathie said Benèt has had a good life except for one incident last year when she and Michael were on vacation. Benèt had been left under the care of son Drew, who lives in the Bay Area.

"We were about five days into our cruise and Drew called to say Benèt was missing," Kathie said. "I was heartsick. But the next day Drew told us Benèt had been found in Oakland near a factory. She was quite disheveled and upset but we got her home and it all worked out."

Back at home in Los Lagos Benèt has a prime position on one of the family sofas on a special dog bed. Kathie said she rests much of the day, but still goes on at least one walk each day.

"For her age Benèt does extremely well. Her eyes don't work the way they used to, but her hearing is still good," Kathie said. "She is just the best dog."



Benèt enjoys running freely.



Kathie showed us how Benèt responds well with treats!



Kathie Sanchez with her sweet, Benèt.

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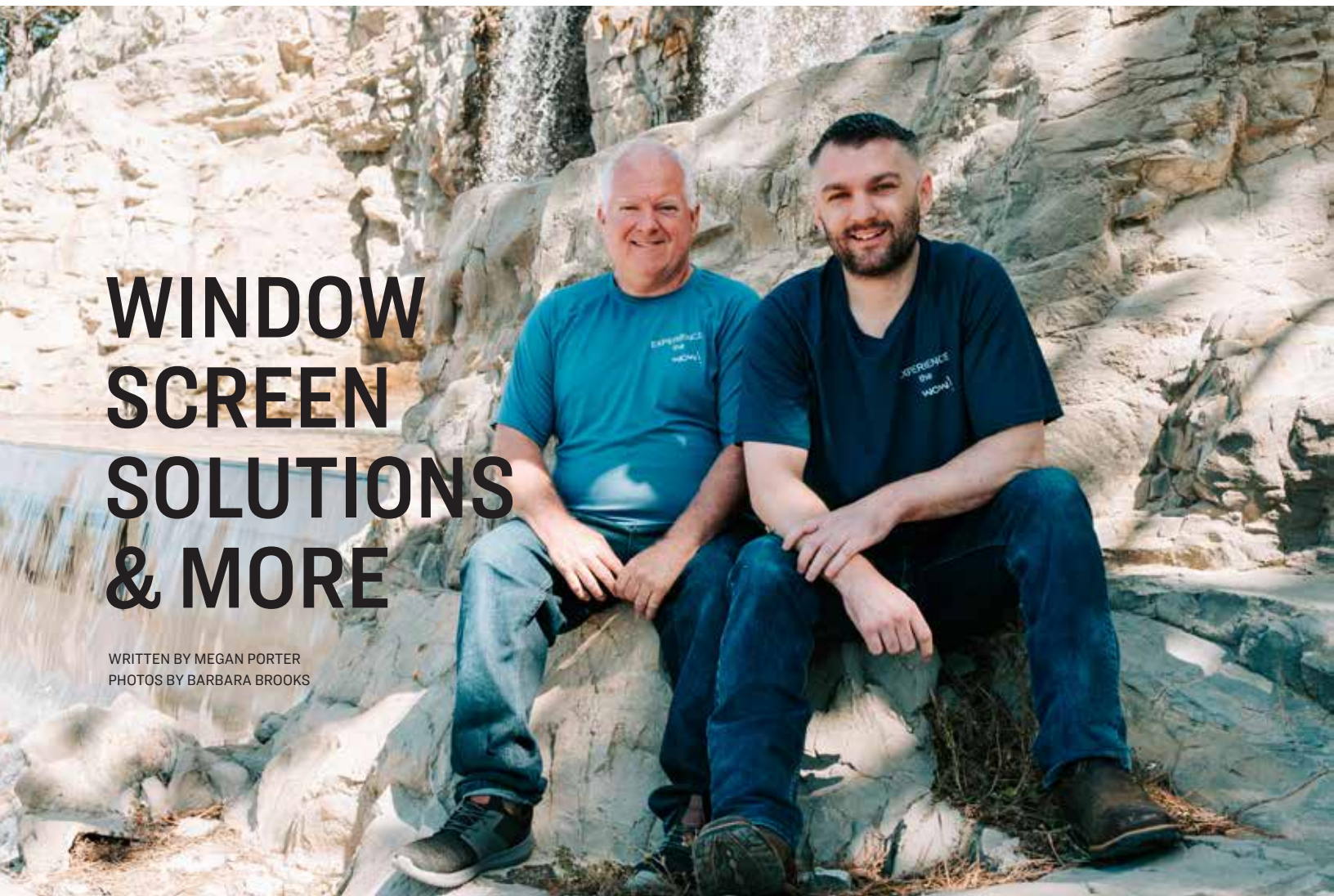
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WRITTEN BY MEGAN PORTER  
PHOTOS BY BARBARA BROOKS



Rich Downing with his son, Camerion

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Rich stands in the bright sunlight to demonstrate the difference his screens can make



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Rich demonstrates the effectiveness of the screen blocking the sunlight



Rich Downing showcases one of their custom made shutters

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The staff knows time is of the essence and always works to exceed customer expectations. They love to refer potential clients to their 5-star Google reviews online. This dedication to providing expert service along with his years of hard work and experience has led to the company's success. A few of Rich's kids have joined the family business and their dedication to customers and their families runs as deep as their commitment to the company. COVID was especially tough on Rich physically. He still deals with the effects but with a few business modifications and the unyielding support of his family they did not just survive, the business has grown and thrived.

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RESIDENT RECIPE

# Father & Son, Dan and Daniel Marrujo

Barbecue up some mouthwatering ribs!

Dan and his son, Daniel Marrujo love soaking up that “father-son” bonding time. With rain pouring down outside, we turned our kitchen into a rib-cooking adventure zone and had an absolute blast!

Here is the recipe we used:

### INGREDIENTS:

- 2 racks of pork baby back ribs
- 1/4 cup brown sugar
- 1 tablespoon paprika
- 1 tablespoon garlic powder
- 1 tablespoon onion powder
- 1 teaspoon salt
- 1 teaspoon black pepper
- 1/2 teaspoon cayenne pepper (optional, for some heat)
- 1 cup BBQ sauce (your favorite brand)
- Aluminum foil

### INSTRUCTIONS:

1. **Preheat the oven:** Preheat your oven to 275°F (135°C).
2. **Prepare the ribs:** Remove the membrane from the back of the ribs. This can be done by sliding a knife under the membrane and then using a paper towel to grip and pull it off.
3. **Make the rub:** In a small bowl, mix together the brown sugar, paprika, garlic powder, onion powder, salt, black pepper, and cayenne pepper if using.
4. **Apply the rub:** Rub the spice mixture generously over both sides of the ribs, massaging it into the meat. Make sure to coat them evenly.
5. **Wrap the ribs:** Tear off two large pieces of aluminum foil. Place each rack of ribs on a piece of foil and wrap them tightly, sealing the edges.
6. **Bake the ribs:** Place the wrapped ribs on a baking sheet and bake in the preheated oven for 2.5 to 3 hours, or until the meat is tender and cooked through.
7. **Glaze the ribs:** Carefully unwrap the ribs and brush them with your favorite BBQ sauce, coating them evenly.
8. **Broil the ribs:** Turn on the broiler in your oven. Place the ribs back in the oven, uncovered, and broil for 3-5 minutes, or until the sauce is caramelized and slightly charred.
9. **Serve:** Once done, remove the ribs from the oven and let them rest for a few minutes before slicing between the bones and serving.

Enjoy your sweet and tender oven-baked ribs!



Dan with his son, Daniel.

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Trusted *Link Sponsors* **Pretty Please Aesthetics** and **Club Pilates Granite Bay** joined together to bring wellness to the community with an exclusive event that rejuvenated the body, skin, and spirit!

With a passion for health and beauty, the event began with an invigorating beginner-level mat Pilates kick-off led by expert Club Pilates Granite Bay instructors.

Minds were centered and muscles activated, ready to jump into an informative skin care discussion. The professionals at Pretty Please Aesthetics provided knowledge and insight to help attain and maintain radiant, healthy skin.

Delicious sips and snacks were enjoyed as guests socialized with experts and fellow attendees interested in wellness and self-care. Club Pilates Granite Bay extended exclusive giveaways, offers and special pricing. Attendees received complimentary advanced Quantificare skin analysis from the Pretty Please Aesthetics team explaining skin specifics and tailoring care routines individually to attendees.

Pretty Please Aesthetics and Club Pilates Granite Bay are happy to assist you in your journey to achieve the best you. Visit their websites at [www.prettypleaseaesthetics.com](http://www.prettypleaseaesthetics.com) and [www.ClubPilates.com](http://www.ClubPilates.com).



Lots of fun giveaways at this special event



Guests were inspired by the Yoga class



A delicious, fresh spread was enjoyed by attendees



It was as much fun putting on the event as attending the event



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# EASTER EGG HUNT EXTRAVAGANZA

COURTESY PHOTOS

Los Lagos held its annual spring event, the *Easter Egg Hunt Extravaganza* at the Los Lagos park on March 30th. The children brought their baskets for a fun afternoon of hunting eggs. DJ Tuese kept spirits up with lively music and led the cake walk. Hawks Petting zoo brought a variety of animals for everyone to enjoy. Sevilla Magic FX helped in the magic of the day. And of course, a special appearance was made by the Easter bunny.



Kannen Smith is hanging out with this cool goat



The Simek family: Jennifer, Jaro and Jayce



A fun game of musical chairs to win a treat!



Francine Vorhees and a fellow volunteer had the pleasure of rewarding the treats to the winners



The kids really enjoyed coloring Easter eggs



Jameson show his mom, Jenn Crabbe' all of his Easter egg hunt treasures



Kevin Penny with his children, Cameron and Leah



Harrison and Jameson venture off and play around the boulders to discover interesting rocks



Three little bunny helpers: Roxanne Colaw, Jennifer Simek and Caroline Cartwright



Kathy Flossman and Gary Young with their granddaughter, Vivian

Photography FOR ALL AGES

Cathy Kurtz PHOTOGRAPHY

(916) 425-2826  
www.cathykurtz.com

@cathykurtzphotography





Nader Zaker and Iren Iranshahi enjoyed the day with their kids and grandchildren



So much fun feeding the little goats



The petting zoo was a hit amongst the kids



This little horse is taking his lunch break



That is some chicken!



The children were able to pet the sweet ducks in the petting zoo



The Fitch family had a blast!



Danielle and Derrek Smith with their son, Kannen



Henry Fitch is curious as to what the girls are looking at



This crew had a fun filled day at the park



The DJ played fun tunes for the kid's cake walk



A happy day at the park for this family



The Rollman family: Henry, Robin, Lily, Justin and Rose



Frank and Melinda Yanonis with their daughters, Ella and Emma visiting with Melinda's stepmom, Annie Wacchter



Jenn Crabbe' poses with the Easter Bunny

A huge thank you to **Jennifer Simek** and her social committee and all the volunteers, **Caroline Cartwright, Roxanne Colaw and Francine Voorhees** to name a few that made this special day possible for the kids in the neighborhood.

If you would like to be a part of the Social Committee, please reach out to **Jennifer Simek** at [jennifer.simek@live.com](mailto:jennifer.simek@live.com)



# JUNIOR RESTAURANT & LOUNGE PAYS IT FORWARD

First responder & Ethan's Smile fundraiser

COURTESY PHOTOS

**JUNIOR Restaurant and Lounge** hosted its **Inaugural First Responder Event** in April, taking part in and offering the community an opportunity to show appreciation for three dedicated foundations.

Family, friends, and neighbors joined together to support **Author Stacey Chapin**. She signed over 70 copies of her book, *The Boy Who Wore Blue*, dedicated to her son Ethan, a University of Idaho student killed tragically along with three other students. She has created a scholarship and foundation, **Ethan's Smile Foundation**, dedicated to his memory and helping others thrive.

Local law enforcement officers were on site bonding and bringing awareness to **Placer 10-35**, an organization dedicated to celebrating and supporting law enforcement officers by assisting when inevitable tragedies occur in this dangerous profession, and **South Placer Area Relief Team Assistance Network (S.P.A.R.T.A.N.)**, supporting families of fallen or injured local first responders who have had unexpected trauma forced upon them.



The Schieberl's grandsons, Giovanni and Luca admire this beautiful Lamborghini



Off-Road Police Car



South Placer Area Relief Team Assistance Network



Scrumptious mixed berry French toast



Savory Eggs Benedict



The Thomas family: Evan, Gretchen, Loren and Eddie



Lisa and Richard Schieberl with their daughter and grandsons



Chilaquiles hit the spot



Eddie and Evan Thomas take time out after brunch to play a little corn hole



Jackson Dyce with parents, Bob and Mindy



Daniel and Kathleen Gonzalez purchased a book to help support Ethan's Smile



Luca checks everything out behind the wheel

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Stroll Sponsor, Konstantin Yakimenko and Loren Thomas



This guy takes on Jenga like a champ



It was fun to take a step back in time



This guy enjoys trying out a classic sheriff's car



Sean Turner, Evan Thomas and Connor Brown came out to show their support



Loren Thomas, Marina and Lizzie David, Evan and Eddie Thomas



Author Stacey Chapin and Nicole Turner

From 9 am - to 7 pm JUNIOR Restaurant and Lounge hosted music, activities, and bounce houses and donated 10% of all food proceeds to the three causes. Attendees could see patrol cars up close and talk with local law enforcement officers, have books signed, and enjoy fantastic food all while supporting three important causes.

For more information and ways to contribute to these incredible organizations Please visit [www.ethanssmile.org](http://www.ethanssmile.org), [www.placer1035foundation.org](http://www.placer1035foundation.org), and [spartanplacer.com](http://spartanplacer.com).



Kids had a blast in the bounce house



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Bill Tidyman, Katherine Rauen with hosts Justin and Robin Rollman.

# Impromptu Wine & Cheese Night

Hosted by Justin and Robin Rollman

Justin and Robin Rollman invited neighbors for an impromptu Wine & Cheese gathering at their newly remodeled project here in Los Lagos. The Rollman's prepared a fun French themed signature cocktail for the event paired with a delicious charcuterie spread. Neighbors enjoyed catching up as they toured all of the beautiful changes in the home.



Beautiful display of light bites for guests to enjoy.



Vegetables never looked so good!



Robin Rollman, Sara Peterson, Dr. Jonathon Sykes and his guest.



Hosts, Robin and Justin Rollman serve up a signature drink, champagne and wines to guests, Karyl Villa, Gary Young and Ted Garelis.



Kathy Flossman and Loren Thomas discuss the beautiful changes of the home after touring around.



The Giannini family came by to take a peak and enjoy refreshments and all the goodies.



Gretchen Thomas with hostess, Robin Rollman.



Neighbors stopped in for a glass of wine and a look at the newly remodeled home



Decadent chocolate charcuterie board.



Danielle and Kevin Petkus.



Jim and Leah Coglianesse with Robin Rollman.

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# Hosted by the Crabbe' Family

Jimmy, Jenn and Jameson had three different crafts and activities set up at the table for all of the kids to choose from or participate in all three. The first project consisted of three different cardboard cutouts to color and then pour the solution over to create a crystallization over the shape. The second craft seemed to be the favorite amongst the kids where they were given a clay rock that had hidden gems and stones in it but they had to break it up with tools to get to them. The third craft was something the kids could start and then take home to watch the crystal grow and then attach to the dinosaurs back.

A delicious array of sweet and savory snacks was displayed for all to enjoy while Jimmy manned the bar filled with adult and children's beverages.

If you would like to be added to the Evite list for the next Kids Club please email Jenn Crabbe' at [KidsClubLosLagos@gmail.com](mailto:KidsClubLosLagos@gmail.com)



Reza Sepehrdad with daughters, (left to right) Jahna and Delara



Kathy Flossman with her grandson, Harrison



Henry Rollman reads aloud some great facts about crystals



Jameson Cabbe' pounds into the clay rock to dig for the hidden gems



Once the crystal is finished it will be on top of this dinosaur's back



Daniel Marrujo found a hidden gem in his clay rock



Izak Alikhan and Daniel Marrujo



The Sepehrdad family: Reza, Jahna, Narges and Delara



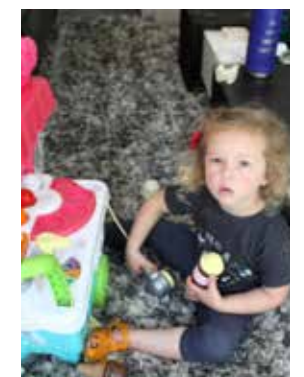
Jenn and Jameson are excited to present these decadent treats to their guests



The Rollman kids: Rose, Lily and Henry with their sitter, Haley



The Marrujo family: Rosamaria, Dan and their son, Daniel



Lily Rollman found some fun entertainment



# Field Trip to Wise Villa Winery

WRITTEN BY LESLEY DE BARRENA-SAROBE  
COURTESY PHOTOS

Our April Los Lagos Garden & Home Club meeting took us to the Wise Villa Winery located in the beautiful foothills of Lincoln. We had a group of 22 people enjoying this special event.

Wise Villa winery is a family owned and operated winery. Dr. Grover Lee, the owner, educated us on the different varieties of wine that he makes. The grapes are grown using organic and sustainable practices. Grover feels that the grapes need hills, granite soil, and a specific climate zone to grow correctly. The winery sits approximately at the 400-foot elevation. It has an inversion layer which prevents frost. It does not get as hot at the 400 ft. elevation in comparison to the valley floor. He gave us a tour of the wine facility and educated us on the process he uses to make his wines.

The first vintage was released in 2009. They have won many awards over the years. In 2015 they won the Golden State Winery of the Year, and in 2019 they won 27 medals. Every year they continue to win awards with their beautiful wines. I tasted their 2022 Sav Blanc. It was very crisp, fruity and light. Perfect for a hot day. I encourage you to do a wine tasting at the Wise Villa Winery, and to find your favorites.

The Winery includes a full-service Tuscan-style Gourmet Restaurant with both inside and outside seating. The members of the Los Lagos Garden & Home Club stayed after our tour and enjoyed wine tasting and a delicious lunch.

Please join us the second Monday of each month for our meetings. If you have any questions you can contact **Lesley de Barrena-Sarobe** at 916-747-4224 or email her at [Lesley4re@sbcglobal.net](mailto:Lesley4re@sbcglobal.net).



Spectacular grounds!



Lunch was enjoyed by all



Tonjia Mapes and Roxanne Colaw



Dr. Lee poured beautiful wines with a detailed description of each



Jim Coglianese, Alberto de Barrena-Sarobe and Dr. Grover Lee



Dee Kingsley, Lesley de Barrena-Sarobe, Dr. Grover Lee, Tonjia Mapes, Jim Coglianese and Dr. Mike



Mary Anne Povey, Gretchen Thomas and Luz Johnson



Dr. Lee made an effort to visit with all of his guests





# Please Join Our New Facebook Group

For Los Lagos residents and its sponsors

This group is designed to keep the Los Lagos readers and its Sponsors engaged through weekly postings that highlight the Cover and Meet the Neighbors story as well as monthly articles from the magazine. Fun posts highlighting neighborhood events are encouraged.

There will be posts to keep you updated on upcoming events as well.

**Feel free to post fun things that your family and kids are up to and community events!**

Sponsors will have the ability to post upcoming events, specials of the week/month, etc.



# We Love These Kids' Entrepreneurial Spirit!

Hey, teens! Do you walk dogs, teach tennis, water plants, take garbage in and out, babysit, tutor, do light chores, help with homework or want to earn money? Send your name, age, what you do and contact information (parental approval required) to: [gretchen.thomas@n2co.com](mailto:gretchen.thomas@n2co.com).

### BABY SITTER & DOG WALKER

**Grace Evans**, is 18 years old and has been working with kids for the past 5 years. She has experience with student teaching young elementary kids, an education in child development, and is CPR certified! Contact Grace at (650) 464-9868 for more information and availability!

### BABY SITTER

Need a trustworthy and caring babysitter for your little ones? Meet **Maren MacFarlane**, a responsible and enthusiastic 16-year-old ready to provide top-notch childcare. With a genuine love for children and plenty of experience, your kiddos will be in safe hands, while you go out on date night. Maren has her own car. She is also taking a child development class at Del Oro High School. Text Maren at 916-342-0285 to schedule and enjoy peace of mind knowing your children are in great care!

### PET & HOUSE SITTER

Looking for responsible neighbors to watch your pets and/or take care of a few household duties while you are on vacation? **Haley and Madison Puska** are ready and able to help their neighbors who need assistance in these areas. Call 925-864-1220 for more information.

### DOG WALKER

Dear Los Lagos neighbors,

If you are going away, and you are looking for an animal sitter to take care of your pets, I will gladly help to take care of your pet(s). I can also keep an eye on your home and get your mail. If you need someone to walk your dogs, I am open to walking small dogs ( 20 pounds and under). My name is **Suriannica Ng**, and if you are interested in my service, please contact **Fang Fang Jiang** at 916-258-5388.

### BABY SITTER & DOG TRAINER

**Rylan Tucker**, who is 14 years old, is CPR-certified. She is very responsible, reliable, and a good communicator. Call 916-539-1204 to find out more about Rylan.

### POWER WASHING

Hello Los Lagos, My name is **Michael Mullin**, and I live at 9900 Los Lagos Circle North. My brother **JP** and I have

practiced the art of power washing on our own driveway for the past three years, and now we'd like to make it a business. We are two local and responsible high school students who have lived in Granite Bay for twelve years. We know that many driveways in our neighborhood could use our affordable and dependable expertise. Please message me for an estimate, multiple references are available. Call us at 916-755-1535 for more information.

### MATH TUTORING AGES: K-5TH GRADE

Dear Los Lagos parents,

My name is **Maximillian Ng**. I am 15 years old. My mom once told me that she discovered that I loved numbers when I was a little boy. Well, she was not wrong. It has turned out that math is my favorite subject in school.

I am a sophomore at Granite Bay High School. I am taking AP Calculus AB which is a challenging course for a sophomore but I love it. When I was homeschooled, I had such a wonderful opportunity to be exposed to different math curricula, such as Singapore Math and Cambridge University IGCSE mathematics ( UK examination board for high school students). I would like to give back to the community and help others to explore math further. If your children are K-5th grade, please let me know if they need extra help to excel in math.

Email: [maximillianng@gmail.com](mailto:maximillianng@gmail.com)  
Phone: 916-699-0418 Phone: 916-699-0418

### BABYSITTING / HOUSE SITTING / HOUSEHOLD NEEDS

I am a college student home for the summer! I am looking to help out with babysitting, housesitting, and any other household needs you may have! I have tons of experience in all these areas!

**Allie Hinton**  
(916)953-3293  
[alliemhinton@gmail.com](mailto:alliemhinton@gmail.com)

### READY TO MAKE YOUR LIFE A LITTLE EASIER?

**Evan Cain** is a responsible and reliable 14-year-old neighbor that is offering to take your trash up-and-down every **Garbage Day**. He has lived here for over a decade and has several years of experience taking trash down and moving around Los Lagos swiftly. If you're interested, contact (916) 749-9714 for more information and have a great day!



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SAVE THE DATE

# Exciting Events You Won't Want to Miss!

## Wine and Cheese Night Hosts Needed!

Open your home, driveway, backyard, or front porch to your neighbors. Great way to meet more people who live in your community. Each guest brings a bottle of their favorite wine to share, along with a favorite appetizer. You get to pick the date and time. If you would like to host our next Wine and Cheese, please contact **Jen Simek**, at [jennifer.simek@live.com](mailto:jennifer.simek@live.com) or (916) 761-7229.

## EACH MONTH

### Los Lagos Garden Club

The Garden Club meets on the second Monday of each month.

More info: **Lesley de Barrena-Sarobe**, [lesley4re@sbcglobal.net](mailto:lesley4re@sbcglobal.net)

### Los Lagos Music Group

Where: The Bill Morgan and Ted Garelis home, 8900 Los Posas Court.

If you play an instrument, sing at any level or have an interest in joining or listening to the adult Los Lagos Music Club, this is the place to be!

When: First Thursday of each month at 7 p.m.

More info: **Ted Garelis**, [babysallydog@gmail.com](mailto:babysallydog@gmail.com) or 916-652-2020.

### Men's Lunch

When: The Men's Lunch is the second Wednesday of the month.

Enjoy the camaraderie and friendship of men in your neighborhood with the Men's Lunch each month.

More info: **Bill Morgan**, [babysallydog@gmail.com](mailto:babysallydog@gmail.com) or 916.652.2020

### Kids Club

Kids events happen once a month hosted by a different neighbor. If you and your kids would like to attend, please email **Jenn Crabbe** at [KidsClubLosLagos@gmail.com](mailto:KidsClubLosLagos@gmail.com)

### Social Committee

Want to join the social committee and help put on wonderful events for the community? The committee is taking volunteers to help with community events!

More info: **Jennifer Simek**, [jennifer.simek@live.com](mailto:jennifer.simek@live.com) or (916) 761-7229.

## SPONSORS OF LOS LAGOS UPCOMING EVENTS

### Save the Date

#### Stroll Event

Saturday, September 7th 5pm-10pm

Paella Event at **Ternero Olive Oil Farm** in Lincoln

### All Year Long

#### JUNIOR Restaurant and Lounge

#### Happy Hour Sundays Through Thursdays

Food and Cocktails offered

2 pm - 5 pm

### All Year Long

#### JUNIOR Restaurant and Lounge

#### Wine Wednesday's

20% of Bottles of wine

### All Year Long

#### JUNIOR Restaurant and Lounge

#### Thirsty Thursday/Ladies Night

\$30 House Margaritas Pitcher, \$30 House Paloma, \$30 House Mojito, \$40 House Botanical Squeeze Pitcher, \$30 Mimosa Bar

### All Year Long

#### Happy Hours Sundays Through Thursdays

#### Lakeside Beverages

\$3 off each glass of wine

\$5 off any bottle of wine you open

\$3 off each beer from the tap

\$5 off the charcuterie board of your choice

3 PM - 6 PM

7130 Douglas Blvd, Granite Bay

### June 19 - July 12

#### Pet Holiday Showcase Picture Booth

#### Bayside Animal Hospital

The community is invited to stop in and snap a few memories with their favorite furry friends!

#### 4th of July Theme

Monday - Friday between 8:30 am and 5 pm

6910 Douglas Boulevard, Suite A, Granite Bay

### August 23

#### Bartending Competition

#### JUNIOR Restaurant and Lounge

6 bartenders compete in a chopped-style bartending event to show who's the best of the best

7 pm

### August 31

#### Don Julio Rosado Launch Party

#### JUNIOR Restaurant and Lounge

Enjoy signature cocktails & an engraver will be on site to engrave bottles of Don Julio Rosado for guests who buy a bottle. The theme is shades of pink

7 pm doors open for the event

Contact JUNIOR's at 916-886-8092 to reserve your spot, (no walk-ins for the event)

## MORE EXCITING EVENTS AROUND TOWN

### June 1 - Sept 20

#### 2024 Placer Wine & Ale Trail Sips

#### & Suds Summer - Passport

Celebrate The Placer Wine & Ale Trail and local craft wine & beer industries! Summer passport gives you access to complimentary tastings or other specials and experiences at participating Placer County Wineries & Breweries.

Purchase a Passport and be invited to an exclusive "Sips & Suds Winemaker & Brewers BBQ" featuring local wine & beer, live music, games, artisan vendors, and a gourmet BBQ at Gold Hill Gardens in Newcastle - right in the middle of the Trail!

Passport Cost \$45

Hours Vary by Location

### June 20 - June 24

#### Placer County Fair 2024 in Roseville

86th Annual Tradition Returns

5 pm - 10 pm

### September 20

#### Winemaker & Brewer's Bbq

Gold Hill Gardens, 2325 Gold Hill Rd, Newcastle

Celebrate your summer - mingle and enjoy a good old-fashioned BBQ hosted by the winemakers and brewers of the Placer Wine & Ale Trail.

5 pm - 9 pm

### September 21

#### Rocklin Hot Chili & Cool Cars 2024

Free to attend, the 31st annual event features the area's coolest cars and fiercest chili cooks, all competing for bragging rights in the Classic Car Show and Chili Cook-off.

11 am - 4 pm

Check the **Events of Interest to Los Lagos Residents' emails** and the **Stroll Los Lagos Facebook group page** for any changes in dates, times, or places!

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# REAL ESTATE RESOURCE

This is your neighborhood Real Estate Resource page. This information can be useful when trying to compare property values or for just keeping a pulse on the real estate market in our area. For questions regarding the properties listed, or about real estate in general, consult a real estate professional.

Source Multiple Listing Service. All information herein has not been verified and is not guaranteed.  
Courtesy of Nick Sadek of Sotheby's International Realty

Address	List Price	Sale Price	Sold Date	DOM	Beds	Baths	SqFt	Cost/Sq Ft
8845 Vista De Lago Ct	\$1,580,000	\$1,525,000	05/12/23	31	5	0	3,143	485.21
8700 Los Lagos Circle S	\$1,550,000	\$1,525,000	01/03/24	53	3	0	3,217	474.04
9880 Los Lagos Circle	\$1,549,000	\$1,525,000	03/06/24	21	3	0	3,571	427.05
6207 Calle Montalvo Circle	\$1,595,000	\$1,550,000	12/05/23	19	4	0	4,104	377.68
8660 Los Lagos Circle	\$1,725,000	\$1,625,000	02/28/23	7	5	3	3,900	416.67
9305 Los Lagos Circle S	\$1,999,998	\$1,900,000	06/16/23	7	4	0	5,220	363.98
9640 Los Lagos Circle N	\$1,998,000	\$1,988,000	03/06/23	18	6	4	4,542	437.69
9040 Los Lagos Circle	\$1,999,000	\$2,000,000	03/18/24	28	5	0	5,057	395.49
8995 Los Lagos Circle S	\$2,100,000	\$2,100,000	06/16/23	7	4	0	5,250	400
9755 Los Lagos Circle	\$2,289,000	\$2,157,000	03/15/24	27	4	0	5,909	365.04
8940 Camino Del Avion	\$2,198,000	\$2,160,000	10/02/23	7	5	0	5,489	393.51
5850 Valle Vista Ct	\$2,295,000	\$2,200,000	07/18/23	49	5	0	6,481	339.45

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## If the Worst Happens... Does Your Trustee Know What To Do?

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- If you have a Trust, come to this workshop.
- If you plan to have a Trust, come to this workshop.
- If you are the Trustee of a family member or a friend's Trust, definitely without question, come to this workshop.

Did you hand-pick the person who would be in charge if you get sick, get injured, or die? Does your person know you hand-picked them? And does your Trustee know what to do? Does your person know how to be a Trustee? An Executor? A Power of Attorney? Or your Health Care Advocate?

Being a Trustee in California is no joke. There is a lot of responsibility, and a lot of liability. How does the Trustee deal with your spouse? Your children? Your real estate? Your investments? Your IRA? Your bank accounts? Your taxes? Your business? Your pension? When and why does your Trustee need to go to court? And more importantly, learn what Trustees are liable for. Get your questions answered. You need to know the rules.

Join attorney Dustin MacFarlane for an informative session about what it means to be a Trustee, an Executor, a Power of Attorney, and a Health Advocate in California.

- If you are the person who created the trust, this workshop is for you.
- If you are the named Trustee, this workshop is for you.
- And if you are planning to get this done, you can come too.
- Bring your Trustee and together learn the rules of the road.

(This workshop is not for complaining beneficiaries who are not happy with the Trustee.)

Some things you can expect to learn:

- What is a Trust? What is a Trustee?
- What are your duties as the Trustee? What are your liabilities?
- What do you do when someone dies?
- What is required? What is not allowed?
- The right and wrong way to deal with Trust Beneficiaries.
- Make sure you don't get sued by a Beneficiary.

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Wed. May 15, 2024 at 6:00pm or Wed., June 19, 6:00 pm

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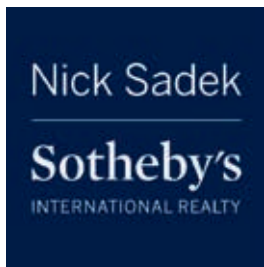
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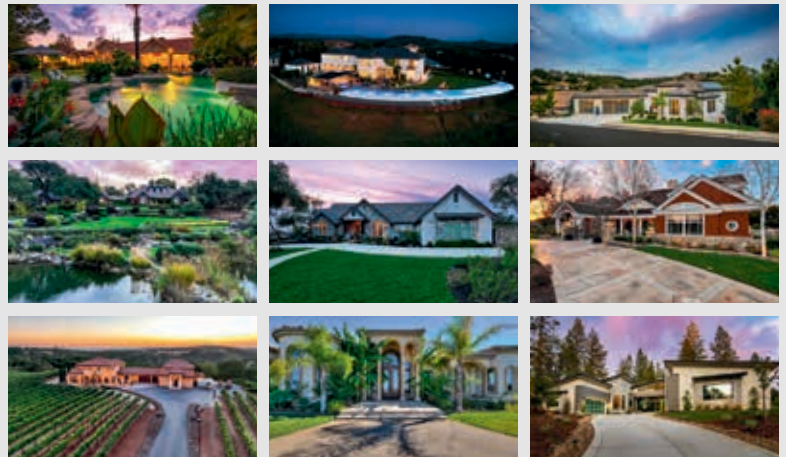


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